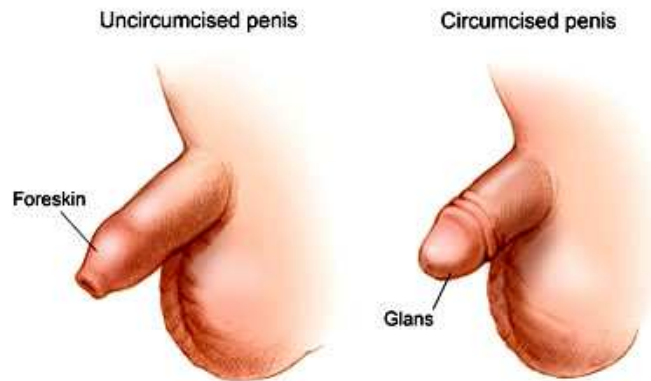


# Circumcision

## Information for Patients

Your doctor has referred you to us for circumcision.



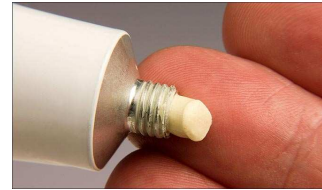
Adult circumcision, or removal of the foreskin, is performed for medical reasons, including recurrent infections, inflammation and, more commonly, tightness of the foreskin known as phimosis.

Phimosis can cause problems passing urine, difficulty retracting the foreskin, pain on erection or discomfort during intercourse.

### TREATMENT

Circumcision involves removing the foreskin.

Possible alternatives to surgery may include personal hygiene advice, and antibiotic or steroid creams.



### THE OPERATION

**You will need to wear tight fitting underpants (i.e. not boxer shorts) and shave around the base of your penis on the morning of the operation.**

The technique involves injecting local anaesthetic around the root of the penis. This will render the area numb for the surgery to take place.

The foreskin can then be excised and the wound is closed with self dissolving stitches.

These may take up to 2 weeks to disappear.

A simple dressing is applied that can be removed after 24 hours.

**You will need someone to drive you to and from your appointment.**

**If you are on warfarin, clopidogrel or dipyridamole (persantin) please inform the surgeon at your assessment**



### POST-OP CARE

- Please wear tight and well supporting underpants following the procedure.
- You may wash the area gently.
- Sexual activity should be avoided until the stitches are absorbed.

## COMPLICATIONS AND RISKS



These are rare but as with all surgery may include post operative bruising (common), bleeding (unusual), infection (rare).

It is also possible that too much or too little skin could be removed leading to unsatisfactory cosmetic results (rare).

Patients are sometimes aware of a change in sensation of the penis during intercourse but this may be temporary.

## WHERE TO GET ADVICE

If you have any concerns during the post-op period you can get advice or help from one these sources.



- Contact your own doctor or nurse
- Contact one of the surgical team Tel 01726 885104
- Out of Hours Service – contact the emergency number provided by your surgery
- Your local Emergency Department

## PAIN CONTROL

We recommend taking some painkillers such as paracetamol as soon as you get home and then regularly for the next 24 hours, following the instructions on the packet.

## TRAINING OF STUDENTS

We are a teaching and training practice. Sometimes medical students or doctors in training may wish to observe or participate in procedures or operations. They will always be supervised by a senior



doctor and will only participate with your approval.

If you do not wish to be seen by trainees or students you are perfectly entitled to withhold your consent.

**If, after reading this information leaflet you have any further queries, please do not hesitate to contact the surgical team.**

**Tel: 01726 885104**

